Family Planning

Health Sector Response: coverage

Central Region-6
Sindhupalchowk
Ramechhap
Dolakha
Sindhuli
Lalitpur
Nuwakot

Western Region-1
Gorkha

Eastern Region-1
Okhaldhunga

NHSSP
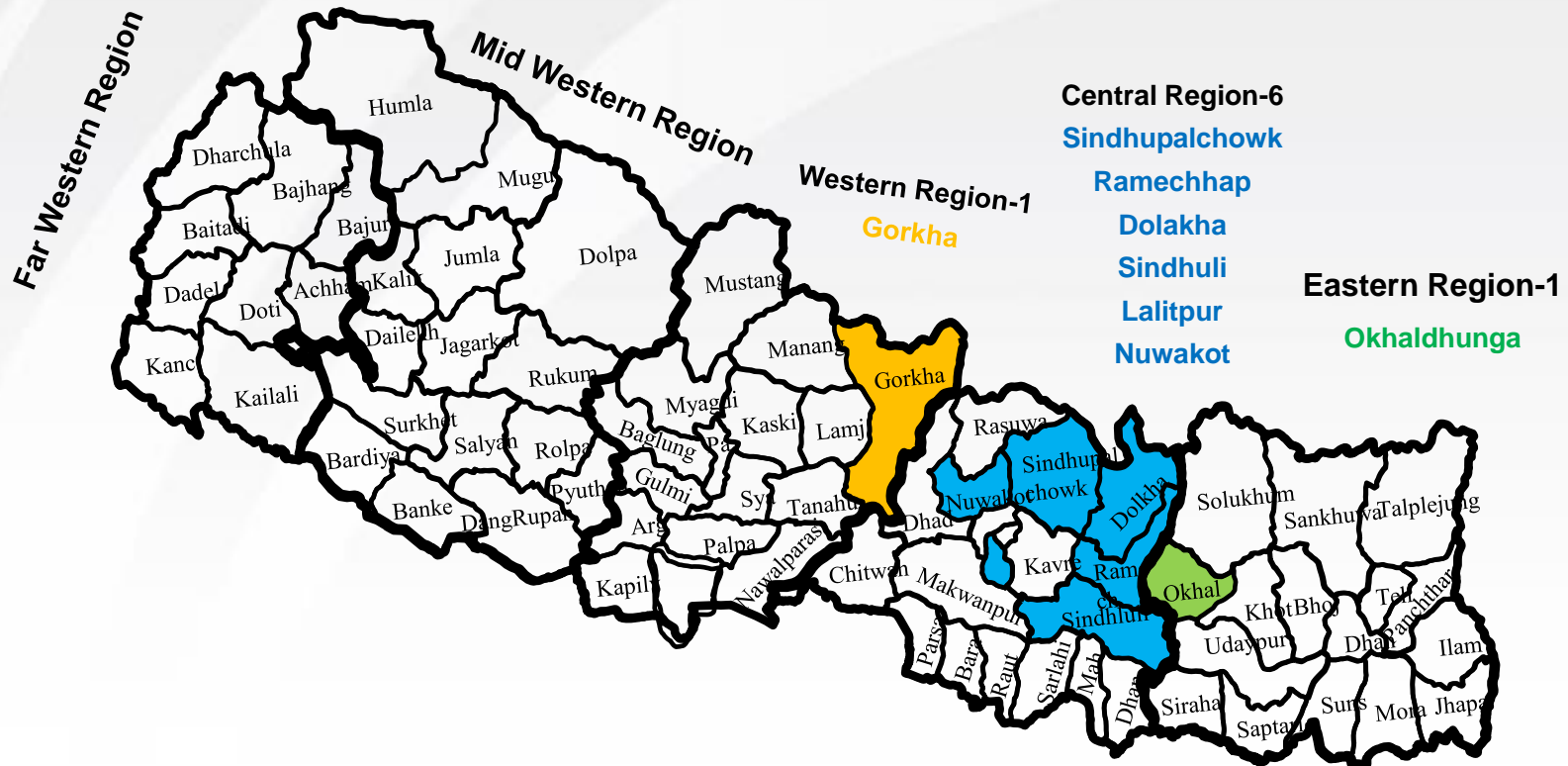
Health Sector Response: approach

- Expansion of long acting and reversible contraceptives (LARCs) services through dedicated visiting providers (VPs)
- Delivery of regular comprehensive voluntary surgical contraception (VSC+) outreach camps
- Capacity building of health workers on LARCs*
- Logistic support – decision making tool (DMT), WHO medical eligibility criteria (MEC) wheel, autoclaves, LARC instruments
- Installation of condom boxes at appropriate places
- Demand generation through female community health volunteers (FCHV) and media

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Health Sector Response: achievements

- Generated 20,713 couple years' protection (CYPs)
  - 16,925 CYPs from 4,122 LARCs: VP
  - 3,788 CYPs from 587 LARCs+VSC: VSC+
- 215 public sector health workers capacitated to provide LARCs services independently after training and coaching/mentoring: VP and VSC+
- More than 530 LARC sets and autoclaves provided
- More than 4,700 DMT, WHO MEC wheel, FCHV flip chart and other job aids distributed
- About 320 condom boxes installed in appro. sites
- About 3,200 FCHV's knowledge on LARCS updated

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Health Sector Response: Lessons learned

- 1: Visiting providers (VP) approach is a well accepted, cost effective model
- VP approach included in 18 districts through FHD 2016/17 AWPB, and proposed for 35 districts in 2017/18 including USAID funding

- 2: Comprehensive Family Planning (VSC+) approach works even in "off-season" months of the year.
- VSC+ approach included in 6 districts in 2016/17 AWPB, and proposed in 5 new districts in 2017/18

- 3: For effective implementation of scaled up FP pilots learning is a constant. Frequent technical support is needed.

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Health Sector Response: Lessons learned

- 4: Lack of skilled human resources in job market for VPs
- internal mobilisation of existing service providers and district clinical mentors

- 5: Health cluster, RH sub-cluster and FP Sub-Committee meetings were effective for coordinating support from diverse partners for FP

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